

## Live Zoom Cook-Along Class



## Sensational Summer Cook-Along 1-day Zoom program

Join us for a Cook-Along (via Zoom) with CHEF\* Coach Barb! This program will help you to refine your culinary practices and build your home cooking confidence. You'll enjoy cooking with others via Zoom and have dinner on the table by the end of class. To get the most out of your Cook-Along experience, please obtain the ingredients for Recipe #1 & Recipe #2 before class and view the Preparation Video (1.22) regarding mise en place. Participants will have the opportunity to win a raffle prize after the cooking class.

\*Culinary Health Education Fundamentals Monday, August 18th 6:00 - 6:45 PM

Zoom Program

Barb Stacy
CHEF\* Coach

**Register Here** 



## To be entered into a raffle for a MIIA prize:

- Attend Cook-Along with camera on
- Complete a short survey at the end of the program

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