#### **WELL AWARE**



# Dementia 101

Dementia Basics and Tips for More Effective Communication Strategies

### MIIA Webinar Buffet for March

Available March 1st through March 31st

The strategies are how to communicate effectively with someone who has dementia. The webinar includes information to help folks understand what dementia is and how it affects people, as well as small things people can do to make a difference for people living with dementia.

# Register today at MIIAWinners.org See page 2 for complete registration

See page 2 for complete registration instructions

#### **Each Month You Must:**

- Log in to MIIAWinners.org and watch the entire webinar (usually less than 15 minutes each)
- Answer the quiz questions after each webinar - you don't have to get them correct.
- Leave a comment about your biggest take-away from the webinar.
- Complete the above before the end of the month no back-tracking!



# MIIA Webinar Buffet





Complete 7 of 12 monthly webinars (Sept. '22 to Aug. '23), answer the quiz questions and comment on your take-aways to earn a \$50 gift card!

Only MIIA/BCBS subscribers are eligible for a gift card.

# To participate in the 2022-2023 Webinar Buffet You must register\*

\*Participation in a previous Webinar Buffet program does not automatically enroll you in this program.

Please follow the steps below to register.

- 1. Go to www.miiawinners.org
- 2. If you have a MIIA Winners account:

Log in first, then scroll to "Register for an Online Program" and follow instructions to enroll in this program.

#### If you DON'T have a MIIA Winners account:

Use the "Proceed to Registration" button on the MIIAWinners home page.

- 3. Enter the Registration Code: BUFFET22-23 (case sensitive)
- 4. Fill out the registration form.
- 5. Once you have registered, you may access the program.

